

## Talk

At Thameside, children are encouraged to express their feelings and show empathy. They are able to verbalise, ask questions and explain how to keep themselves safe and how to develop healthy relationships. A Thameside child is encouraged to talk about physical and mental health and to discuss how to respond to people appropriately in different situations.

- Children from EYFS to KS2, have the opportunity to talk about their feelings regularly and learn how to manage difficult feelings
- PSHE has good link to LTL, children know how to be respectful towards children and adults alike
- Opportunities to talk about keeping safe in EYFS, in KS1 they discuss keeping safe in familiar situations and in KS2 get the opportunity to talk about keeping safe online and in the local environment.



## Read

At Thameside, children explore different themes through the use of books. Our children use books to reflect on and discuss different scenarios and how these can apply to their own lives.

- EYFS explore different themes through books, the whole school have a book list linked to each strand to choose from.
- P4C- Start with a book to address issues.
- Diversity is addressed through rich books; from 'The Family book' in Nursery to 'The Great Book of Families' in KS1 and 'We Are Britain' in KS2.

## Think

A Thameside child is encouraged to be curious and ask questions and think about the skills and knowledge needed to be healthy individuals. They think about how to apply what they have learned in a different context.

- Reflection - Children are given the opportunity at the end of each lesson to reflect on their learning in different ways
- The children build upon the skills and knowledge taught through each theme as they progress through the school.



## Link

The 7 key concepts in PSHE (Keeping safe, Mental health, RHE, Physical health, Identity, society and equality, Drug, alcohol and tobacco, Careers and financial capability) run through Yr1-6, to ensure children at Thameside have continuous revisiting of core themes and make links between what they already know, the new learning and their personal life

- Enrichment opportunities, keeping Safe, fire fighters visiting KS1, Carol singing in a care home, fundraising for charity