

PSHE/RSE Whole School Curriculum Overview

	Nursery	Reception	Year 1	Year 2	Year 3/4		Year 4/5		Year 5/6	
Term 1	Physical Health and Wellbeing- Getting to know each other How to work and play as a group How to work in pairs To find things in common as a start to build relationship	Physical Health and Wellbeing- Getting to know each other more	Physical Health and Wellbeing- Fun Times	Physical Health and Wellbeing- What keeps me healthy?	Drugs, Alcohol and Tobacco Year 3 Tobacco is a drug Year 4 Making Choices		Drugs, Alcohol and Tobacco Year 4 Making Choices Year 5 Different Influences		Drugs, Alcohol and Tobacco Year 5 Different Influences Year 6 Weighing up Risk	
Term 2	Identity, Society and Equality- Personal Power Choices and Consequences	Identity, Society and Equality- Personal Power Choices and Consequences	Keeping Safe and Managing Risk- Feeling Safe	Mental Health and Emotional Wellbeing- Friendship	Keeping Safe and Managing Risk Year 3 Bullying- see it, say it, stop it Year 4 Playing Safe		Keeping Safe and Managing Risk Year 4 Playing Safe Year 5 Making Safer Choices		Keeping Safe and Managing Risk Year 5 Making Safer Choices Year 6 Keeping Safe- out and about	
Term 3	Keeping Safe and Managing Risk- Gentle touch and hurting touch	Keeping Safe and Managing Risk- Gentle touch and hurting touch	Identity, Society and Equality- Me and Others	Keeping Safe and Managing Risk- Indoors and Outdoors	Identity, Society and Equality Year 3 Celebrating Differences		Identity, Society and Equality Year 4 Democracy Year 5 Stereotypes, Discrimination and Prejudice		Identity, Society and Equality Year 5 Stereotypes, Discrimination and Prejudice Year 6 Human Rights	
Term 4	Mental Health and Emotional Wellbeing- Making rules and time to calm down Praise and Criticism	Mental Health and Emotional Wellbeing- Making rules and time to calm down Praise and Criticism	Drug, Alcohol and Tobacco Education- What do we put into and on to bodies?	Drug, Alcohol and Tobacco Education- Medicines and Me Asthma Lesson	Year 3 Mental Health and Emotional Wellbeing- Strengths and Challenges		Year 5 Mental Health and Emotional Wellbeing- Dealing with Feelings		Mental Health and Emotional Wellbeing- Year 5 Dealing with Feelings Year 6 Healthy Minds	
Term 5	Mental Health and Emotional Wellbeing	Mental Health and Emotional Wellbeing Managing Difficult Feelings	Mental Health and Emotional Wellbeing- Feelings	Relationship and Health Education- Boys, Girls, Families	Year 3 Careers, Financial Capability and Economic Wellbeing- Saving,	Year 4 Physical Health and Wellbeing Year 4 What is important to me?	Year 5 Physical Health and Wellbeing In the Media		Year 6 Relationships and Health Education- Healthy Relationships	

	Managing Difficult Feelings				Spending and Budgeting		Careers, Financial Capability and Economic Wellbeing- Borrowing and Earning Money	FGM (female genital mutilation)
Term 6	Relationship and Health Education- Telling others, keeping secrets Glad to be me	Relationship and Health Education- Telling others, keeping secrets Glad to be me	Careers, Financial Capability and Economic Wellbeing- My Money		Physical Health and Wellbeing Year 3 What helps me choose?	Relationships and Health Education- Growing up and Changing	Relationships and Health Education- Growing up and Changing	