We use Red Tractor or Farm Assured Meat in our schools. We use MSC Certified fish to encourage sustainable fishing practices.

Our seasonal fresh vegetables are sourced from local farms wherever possible and we use Fairtrade products.







All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal infant FREE school meals and can benefit by £458 per child per year. if your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



## SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



SPRING/SUMMER 2024

Red



edwards and ward

- Wholegrain W g Vegetarian

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<u>or</u> Rainbow Vegetable Stir-Fry (Ve)(Wg) Tomato Pasta or a Choice of Filled Jackets Veg of the Day

St Clement's Shortbread (Ve)

Penne with Beef Bolognese (Wg) or Veggie Cottage Pie (Ve) Tomato Pasta or a Choice of Filled Jackets Veg of the Day

Banana Bread (V)

Roast of the Day with Roasties & Gravy or Chickpea & Veggie Puff with Roasties (Ve) Tomato Pasta or a Choice of Filled Jackets Veg of the Day Strawberry Jelly & Pears (Ve)

Mild & Sweet Chicken Curry with Rice (Wg) or Mac & Cheese (V)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day Apple Flapjack (Ve)(Wg)

Fish Fingers or Salmon Fish Fingers with Chips Fish Fingers or Salmon Fish Fingers with Chips Fish Fingers or Salmon Fish Fingers with Chips or Quorn Hotdog with Chips (V)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day

Vanilla Ice Cream & Peaches (V)

15/4/24, 6/5/24, 27/5/24, 17/6/24, 8/7/24, 29/7/24

Margherita Pizza with Jacket Wedges (V)(Wg) Margherita Pizza with Jacket Wedges (V)(Wg) Margherita Pizza with Jacket Wedges (V)(Wg) or Beany Chilli with Rice (Ve)(Wg)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day Lime Shortbread (Ve)

> Cottage Pie or Veggie Chow Mein (Ve)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day

Chocolate & Pear Sponge (V)

Roast of the Day with Roasties, Stuffing & Gravy or Veggie & Stuffing Roll with Roasties & Gravy (Ve)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day Strawberry Jelly & Peaches (Ve)

Chicken with Golden Veggie Rice (Wg) or Penne with Vegeballs & Tomato Sauce (Ve)(Wg) Tomato Pasta or a Choice of Filled Jackets Veg of the Day

Flapjack (Ve)(Wg)

or Garden Vegetable Goujons with Chips (Ve)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day

Vanilla Ice Cream & Banana (V)

22/4/24, 13/5/24, 3/6/24, 24/6/24, 15/7/24

or Mild & Sweet Veggie Curry with Rice (Ve)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day

Vanilla Iced Shortbread (Ve)

Pork or Chicken Sausages with Mash & Gravy or Veggie Sausage with Mash & Gravy (Ve)

Tomato Pasta or a Choice of Filled Jackets

Veg of the Day

Lemon & Courgette Cake (V)

Roast of the Day with Roasties, Yorkshire & Gravy or Roasted Butternut Squash with Roasties, Yorkshire & Gravy (V)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day

Orange Jelly & Mandarins (Ve)

Beef Chilli with Rice (Wg) or Mac & Cheese (V)

Tomato Pasta or a Choice of Filled Jackets Veg of the Day

Jammy Dodger Flapjack (Ve)(Wg)

or Vegeball Marinara Sub with Chips (V)

Tomato Pasta or a Choice of Filled Jackets

Veg of the Day

Vanilla Ice Cream & Fruit Cocktail (V)

29/4/24, 20/5/24, 10/6/24, 1/7/24, 22/7/24